

Hands-On: Applied Anatomy of the Hand and Forearm

Jerusalem 3-4 / 5-6 Mars 2019

Day 1

- 9:00: Introduction and overview
- 9:30: Anatomy
- 10:30 Coffee/tea break
- 10:45 Practical session with the skeleton
- 12:00 Lunch
- 13:00 Continue with practical work
- 15:00 Coffee/tea break
- 15:15 Tips on implications in the clinic
- 16:00 End of day 1

Day 2

- 9:00 Sequela after trauma to the wrist and hand –
Biomechanics that should be considered and
structures we should pay extra attention to, to get
them going
- 10:30 Coffee/tea break
- 10:45 Trauma continue
- 12:00 Lunch
- 13:00 Focus on the thumb! Osteo and rheumatoid arthritis
and joint problems like hyper mobility - exercise and
splinting regimes
Theory and clinical praxis
- 14:10 Coffee/tea break
- 14:20 Continue about joints
- 15:00 Wrap up and closure