

COURSE OUTLINE

Friday 21 8.00 – 16.00

- 8.00 Registration
- 8.30 Introduction
- 9.00 Overview of the topographic and functional anatomy
- 10.10 Break
- 10.30 Analysis of movement patterns of the hand and biomechanics
- 11.00 General tips for splinting the paediatric hand
- 11.30 Lunch
- 12.30 The Spastic Hand
- 14.10 Break
- 14.30 Review of custom made and prefabricated orthoses

Saturday 22 8.30 – 16.00

- 8.30 Congenital Hand Differences: (e.g.: Arthrogryposis, Radial dysplasia)
- 10.00 Break
- 10.20 Congenital Hand Differences: Participant cases
- 11.00 Juvenile Idiopathic Arthritis
- 12.00 Lunch
- 13.00 Hypermobility Conditions
- 14.20 Break
- 14.40 Clinical Cases

Sunday 23 8.30 – 15.30

- 8.30 Traumatic Hand Injuries
- 10.00 Break
- 10.20 Neuromuscular Disorders and Brachial Plexus Injuries
- 11.30 Lunch
- 12.30 Practical Soft Splinting Session
Thermoplastic Splinting
Demonstration
- 14.40 Break
- 15.00 Continue Practical Session and Conclusion



COURSE REGISTRATION AND FEES

www.sickkids.ca/conferences

Registration opens January 2, 2014

Option A: 3-day workshop

Option B: 1-day lecture (Friday only)

Lunch & breaks provided

SUGGESTED ACCOMMODATIONS

Eaton Chelsea, Toronto
33 Gerrard St. W., Toronto, ON
1-800-CHELSEA (243-5732)

Metropolitan Hotel Toronto
108 Chestnut St., Toronto, ON
1-800-668-6600

Toronto Marriott Downtown Eaton Centre
525 Bay St., Toronto, ON
1-800-905-0667

For more information
contact:

lisa.lazzarotto@sickkids.ca

Busy Little Hands: Paediatric Hand Rehabilitation and Splinting

Course Instructor:
Margareta Persson, OT

Peter Gilgan Centre for
Research and Learning
Toronto, Canada

March 21, 22 & 23, 2014

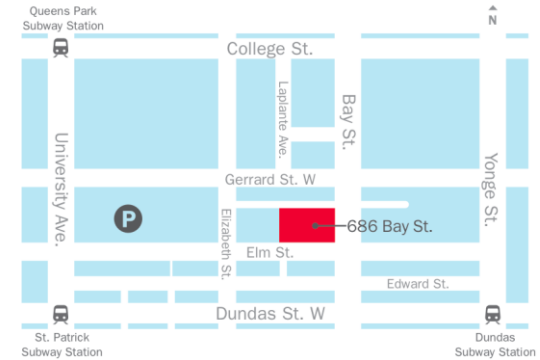
SickKids[®]

Department of Rehabilitation

Busy Little Hands:

Paediatric Hand Rehabilitation and Splinting

The Department of Rehabilitation at the Hospital for Sick Children has the pleasure of hosting Margareta Persson for a 3-day paediatric hand rehabilitation workshop.



LEARNING OBJECTIVES

Each participant will:

- review topographic and functional anatomy of the paediatric hand
- learn new splinting and treatment techniques in paediatric hand rehabilitation
- learn general tips for splinting the paediatric hand
- learn splinting applications for specialized areas of paediatric hand therapy including spasticity, congenital and acquired hand conditions, JIA, joint laxity, neuromuscular and brachial plexus injuries
- observe a demonstration of fabrication of thermoplastic orthoses
- participate in a hands-on opportunity to learn how to fabricate soft-splints

Course Instructor:

MARGARETA PERSSON

Margareta Persson is an occupational therapist associated with the Clinic of Hand Surgery at Uppsala University Hospital in Sweden. She has specialized in paediatric rehabilitation and orthosis fabrication since 1987. Her company **Artronova** provides education and consultation specializing in hand rehabilitation. For more information about Margareta Persson, please visit her website www.artronova.se

LOCATION

The Peter Gilgan Centre for Research and Learning
686 Bay Street, Toronto, ON
Event Room 3 A&B, 3rd floor
(corner of Bay St & Elm St)

Located within Toronto's Discovery District, the Peter Gilgan Centre is 30 minutes from Pearson International Airport, 10 minutes from Billy Bishop Airport and within walking distance from both St. Patrick and Dundas subway stations.