

Workshop on Splinting and (Re)hab of the Spastic Pediatric Hand

Helsinki 14-15 March 2014

Friday 14/3

9.00	-	9.30	Registration and introduction Coffee/Tea
9.30	-	12.00	Overview of topographic and functional and dysfunctional anatomy of the hand from the perspective of the spastic pediatric hand
12.00	-	13.00	Lunch
13.00	-	14.40	Contractures – theory and structures – What can be done? Stretching, splinting etc. When and for how long?
14.40	-	15.00	Coffee/Tea
15.00	-	17.00	The Spastic Hand – splinting options Review of prefabricated splints options and use, including useful adaptations of these Theory and discussion

Saturday 15/3

8.30	-	10.00	Introduction to splinting, materials, patterns and construction of anti spastic splints, tips and tricks
10.00	-	10.20	Coffee/Tea
10.20	-	12.00	Practical hands on splinting session and construction of anti spastic splints for night and for day wear
12.00	-	13.00	Lunch
13.00	-	14.40	cont Practical splinting session
14.40	-	15.00	Coffee/ tea
15.00	-	16.00	Case studies and Summary and conclusion